| Dishes | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Breakfast** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| White & Brown Bread | | X | | | | | | | | | | | X | |
| Gluten Free Bread | | | | X | | | | | | | | | | |
| Sourdough | | X | | MC | | | MC | | | MC | | | MC | |
| English Breakfast | | X | | X | | | X | | | | | | X | X |
| Big Breakfast | | X | | X | | | X | | | | | | X | X |
| Plant Based Breakfast | | X | | | | | | | | | | | X | |
| B.A.T | | X | | X | | | MC | | | MC | | | MC | |
| Palm Eggs With Salmon | | X | | X | X | | X | | | | | | X | |
| Palm Eggs with Spinach | | X | | X | | | X | | | | | | X | |
| Palm Eggs With Bacon | | X | | X | | | X | | | | | | X | |
| Salmon on Sourdough | | X | | X | X | | X | | | | | | X | |
| Mushrooms on Sourdough | | X | | X | | | | | | | | | | |
| Pancakes with Bacon | | X | | X | | | X | | | | | | | |
| Pancakes with Fruit | | X | | X | | | X | | | | | | | |
| Breakfast Bowl | | X | | | | | | | | X | | | | |
| Breakfast Bap | | X | | X | | | X | | | | | | | X |

| Dishes | | | | | | | | | | | | | | |
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| **Mains** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Brioche Bun | | X | | X | | | X | | | | | | | |
| Gluten Free Bun | | | | | | | | | | | | | | |
| Jalapeno Cheeseburger | | X | | X | | | X | | | | | | | X |
| Chicken Avocado Burger | | X | | X | | | X | | | | | | | |
| Moving Mountains Burger | | X | | | | | | | | | | | X | |
| Pie of the Day (Allergens will Vary) | MC | X (Gravy GF) | | X | | X (Plant Cream in mash) | | | MC | | | | X | |
| Fishcakes | | X | | | X | | X | | | | | | X | |
| Lasagne | | X | | MC | | | X | | | | | | | |
| Chicken Tomato Ciabatta | | X | | X | | | | | | | | | | |
| Steak Ciabatta | | X | | | | | X | | | | | | | |
| Meditteranean Salad | | | | | | | X | | | | | | | X |
| Chicken & Squash Salad | | | | | | | | | X | | | | | X |
| Mushroom & Thyme Risotto | | | | | | | | | | | | | | |

| Dishes | | | | | | | | | | | | | | |
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| **Small Plates** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Truffle Mac & Cheese | | x | | | | | x | | | | | | | |
| Mixed Salad | | X | | | | | | | X | | | | | |
| Camembert | | X | | MC | | | X | | | MC | | | Mc | |
| Halloumi Fries | | | | | | | X | | | | | | | |
| Frites de Courgetts | | | | cross contamination | | | x | | | | | | | |
| Olives | | | | | | | | | | | | | | |
| Bread Board | | X | | | | | | | | | | | X | X |
| Hummus & pitta | | X | | | | | | | | | | X | | |
| Fries | | | | | | | | | | | | | | |
| Fries with Cheese | | | | | | | X | | | | | | | |
| Sweet Potato Fries | | | | | | | | | | | | | | |
| White Garlic Prawns | | X | X | | X | | | | | | | | | X |
| Calamari | | | | X | X | | X | | | | | | | |
| Soy Wings | | X | | | | | | | | | | x | X | |

| Dishes | | | | | | | | | | | | | | |
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| **Desserts** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Apple Crumble with Custard | | X | | X | | | X | | | | | | | |
| Sticky Toffee | | X | | | | | X | | | MC(Tree) | | | | |
| Biscoff Brownie with Ice Cream | | X | | X | | | X | | | | | | X | |
| Cheesecake of the Day (Allergens will vary) | | X | | | | | X | | | | | | | |
| Meadow Cottage Ice Cream (Allergens will Vary) | | | | | | | X | | | | | | | |
| Cream Tea | | X | | | | | X | | | | | | | |

| Dishes | | | | | | | | | | | | | | |
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| **Childrens Menu** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| English Breakfast | | X | | X | | | X | | | | | | X | |
| Plant Based Breakfast | | X | | | | | | | | | | | X | |
| Beans on Toast | | X | | | | | | | | | | | X | |
| Scrambled Egg on Toast | | X | | X | | | | | | | | | X | |
| Pancakes with Fruit | | X | | X | | | X | | | | | | | |
| Pancakes with Bacon | | X | | X | | | X | | | | | | | |
| Soup (Allergens may vary) | | X | | | | | X | | | | | | X | |
| Mac & Cheese | | X | | | | | X | | | | | | | |
| Sausage & Chips | | X | | | | | | | | | | | | |
| Cheeseburger & Chips | | X | | X | | | X | | | | | | | |

| Dishes | | | | | | | | | | | | | | |
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| **Afternoon Teas** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Egg Mayo & Cress Sandwich | | X | | X | | | X | | | | | | X | |
| Roast Chicken & Stuffing Sandwich | | X | | | | | | | | | | | X | |
| Ham & Mustard Sandwich | | X | | | | | | | X | | | | X | |
| Cheese & Chutney Sandwich | | X | | | | | X | | | | | | X | |
| Hummus & Red Pepper Sandwich | | X | | | | | | | | | | X | X | |
| Sweet Afternoon Tea | | X | | X | | | X | | X | X (Pistachios) | | | X | |
| Savoury Afternoon Tea | | X | | X | | | X | | X | | | | X | |

| Dishes | | | | | | | | | | | | | | |
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| **Grazing Table** | **Celery** | **Cereals containing gluten*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Sourdough | | X | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Ciabatta | | X | | | | | | | | | | | | |
| Mozzarella, Brie, Cheddar & Leicester | | | | | | | X | | | | | | | |
| Cured Meats | | | | | | | | | | | | | | X |
| Sausage Rolls | | X | | X | | | X | | X | | | | | |
| Vegan Sausage Rolls | | X | | | | | | | | | | | | |
| Scotch Eggs | | X | | X | | | | | | | | | | |
| Crackers | | X | | | | | | | | | | | | |
| Breadsticks | | X | | | | | | | | | | | | |
| Hummus | | | | | | | | | | | | X | | |
| Tzatziki | | | | | | | X | | | | | | | |

| Dishes | | | | | | | | | | | | | | |
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| Canapes | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts† | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Coronation Chicken Tartlets | | X | | | | | | | | | | | | |
| Sweet Potato & Spinach Falafel & Hummus | | | | | | | | | | | | X | | |
| Prosciutto & Mozzarella Bites | | | | | | | | | | | | | | |
| Tempura Prawns With Sweet Chilli | | X | | | | | | | | | | | | |

| Dishes | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Hot Buffet | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts† | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Curry | | | | | | | | | | | | | | |
| Lasagne | | X | | | | | | | | | | | | |
| Chicken Burger | | X | | | | | | | | | | | | |
| Burger Bun | | X | | | | | | | | | | | | |
| Chips | | X | | | | | | | | | | | | |
| Rice | | | | | | | | | | | | | | |
| Garlic Bread | | X | | | | | | | | | | | | |